



# Pacific Coast Conference 2008

# Water Polo Championships

2008

# Pacific Coast Conference Men's and Women's Tournament

San Diego Miramar College  
Ned Baumer Aquatics Center  
10440 Black Mountain Road  
San Diego, CA 92126



Teams:  
Southwestern College  
Grossmont College  
Mesa College  
Palomar College

Friday, November 7, 2008

Game Time	Teams
10:00	Team 1 vs. Team 4 Women
11:30	Team 1 vs. Team 4 Men
1:00	Team 2 vs. Team 3 Women
2:30	Team 2 vs. Team 3 Men

Saturday, November 8, 2008

Game Time	Teams
10:00	Loser of game 1 vs. loser of game 3 Women (3rd Place)
11:30	Loser of game 2 vs. loser of game 4 Men (3rd Place)
1:00	Winner of game 1 vs. winner of game 3 Women (Championship)
2:30	Winner of game 2 vs. winner of game 4 Men (Championship)

- First team listed wears dark cap
- All of games follow NCAA rules



# Southwestern College Women



No.	Name	High School
1	Andrea Alexander	Bonita Vista
2	Amanda Motijo	Monte Vista
3	Britini Skykitch	Eastlake
4	Lauren Skinker	Bonita Vista
5	Danika Padilla	Albuquerque, NM
6	Chelsea Prestige	Bonita Vista
7	Ivany Villalobos	Hilltop
8	Jennifer Sitz	Hilltop
11	Ashley Josephson	Monte Vista
12	Michelle Walsh	Monte Vista
15	Karla Velazquez	Hilltop
17	Cydney Goodin	Merced Scholars Charter
18	Wesley Maddocks	Bonita Vista
19	Yvonne Tejera	Lazero Cardenas
20	Violeta Robles	Collegio de Bachilleres

## *Jefi Harper* Southwestern College Women's Head Coach

Jefi brings a wealth of water polo experience to Southwestern College upon which she will continue to build the Jaguar women's water polo program. Jefi served as Assistant Coach to Carin Crawford at San Diego State University Women's Water Polo team from 1999 to 2001. As goalie coach for University of California at San Diego women's water polo team, Jefi assisted in building one of the premier programs in the nation.

As a member of the USA National Team from 1986 to 1991, Jefi participated in four US Olympic Festivals, earning three gold medals. As a member of the USA team, Jefi competed in Hungary, Holland, Canada and England and brings a wealth of international playing experience to her coaching repertoire.

During her own collegiate water polo career, Jefi was elected by her teammates to serve as captain three years and was named First Team All-American from 1989-1990 when UCSD won the Collegiate National Title in during an unprecedented, undefeated season in 1990. Jefi was awarded the coveted UCSD Athlete of the Year Award for the 1989-1990 academic year. Also while attending UCSD, Jefi was one of the founding members of the Triton Athletic Council.



Jefi graduated from UC San Diego in 1991 with a Bachelor Degree in Psychology, and earned a Masters degree in Education from Azusa Pacific in 2001. Jefi stresses the importance of a balance between athletics and academics and her own accomplishments as a student-athlete inspire her players to perform at the highest level both in the pool and in the classroom. Her goal is to have 100% matriculation to four-year schools for her athletes.

As a player for the Sunset Senior Women's team, Jefi is a five-time All-American from 1991 to present, helping her team win and unprecedented 11 USA Senior National Championship titles.

With the inclusion of women's water polo in the 2000 Olympics in Sydney Australia and with the advent of the first NCAA championship for women's water polo in 2001, Jefi is proud to have played such an integral part in the emergence of the women's water polo on the national and international scene.

Jefi is married to Denny Harper, the head men's water polo coach at UCSD and they have three sons, Travis, Noah and Jack and two daughters Jenna and Ellie. Along with her duties as head coach for women's water polo, Jefi is also a Professor of Aquatics and the Aquatic Coordinator for Southwestern College.

# Grossmont College Women

No.	Name	High School
1	Christine King	Hilltop
1/16	Vauna Armstrong	Lakewood
2	Lindsay McCance	Grossmont
3	Kaitlyn McMillian	Monte Vista
4	Jessica Tolar	Helix
5	Megan Eason	Santanna
6	Lauren Staab	Grossmont
7	Jessica Cofresi	Patrick Henry
8	Raquel Azhocar	West Hills
9	Shannon Wright	Monte Vista
10	Val Jagers	Hilltop
12	TJ Morrow	Santanna
13	Kate Leidiger	Patrick Henry
14	Sierra Boehrig	West Hills
15	Amanda Welch	Helix
18	Nichole Scheidt	University
21	Lena Gomez	El Rancho

Coaches: Larry Larsen, Dana Johnson



## *Larry Larsen* Grossmont College Women's Head Coach

- Played at Saddleback College in 1987 and 1988 Team Captain/Conference MVP and All-American in 1988
- Played at Long Beach State for Ken Lundgren and Guy Baker 1990 and 1992—qualified both years for NCAA's
- Swam for Tim Shaw at Long Beach State. Qualified for Senior Nationals in the 200 free in 1991
- Coached at Saddleback College (Men) from 1996 to 2001—1997 and 1998 Orange Empire Conference Champions
- Grossmont College 2002 to present—2002-2003-2004 PCC Champions and named coach of the year in 2002 and 2003
- Larry has a Bachelor's degree from Long Beach State in Physical Education and holds two Masters degrees: Masters in Human Behavior from National University and is a Master of Education in Physical Education



# Mesa College Women

No.	Name	High School
1	Mary Hildebrand	St. Francis
1A	Lacy Crockett	Point Loma
2	Alicia Harding	Foothill
3	Carrie Christianson	Mira Mesa
4	Crystal Patterson	Mt. Carmel
5	Catalina Barraza	Point Loma
6	Liz Concepcion	Mission Viejo
7	Danielle Webb	Ramona
8	Lauren Cono	Granite Hills
9	Natalie Thompson	Clairemont
10	MaryKate Foster	University City
11	Emily Torres	Aliso Niguel
12	Julie Wells	Harrison
13	Lucero Murillo	Morse
14	Sarah Groesbeck	Clairemont
15	Brianna White	Ramona
16	Sheri Gallegos-Lewis	Helix
17	Melanie McElroy	Morse
18	Alisha Ritchie	Pleasant Valley



## *Jim Fegan* Mesa College Women's Head Coach



Jim Fegan has been part of the coaching staff at Mesa College since 1995. Currently the head coach for the women's team, he spent seven years leading the men's program. Under his direction, Mesa water polo teams have won eight conference championships, the last three consecutive years for the women. His teams have qualified for the Southern California Championships eleven times and finished in fifth place at the State championships. Coach Fegan has been honored as Coach-of-the-Year seven times.

His 2006 conference championship women's team was also honored with the prestigious COA Athletic Scholar Team award signifying the team with the highest GPA in the state.

Coach Fegan has been a member of several men's and women's national water polo coaching staffs including most recently the Men's Junior National water polo team which won gold medals at the 2005 and 2008 Junior Pan-American Games.

In addition to his coaching responsibilities, Coach Fegan is a full-time Professor in the Physical Education department where he teaches health education, exercise science and activity classes.

# Palomar College Women



No.	Name	High School
1	Kiera Kenney	Vista
2	Tristan Kennedy	Vista
3	Natalie Pompa	Rancho Buena Vista
4	Jackie Puccino	Escondido
5	Alycia Potter	Grace Christian
6	Maddie Golden	Vista Murrieta
7	Milena Brkich	Vista
8	Kaitie Disher	Orange Glen
9	Sam Alderton	Rancho Bernardo
10	Katelyn Mascoto	Great Oaks
11	Amie Potter	San Pasqual
12	Analisa Hill	Poway
13	Dani Marshall	Orange Glen
14	Anjuli Palos de la Rosa	Vista
15	Alexis Puchrik	Valley Center

## *Kelly Falcone* Palomar College Women's Head Coach

Kelly graduated from Vista High School in 1997, Palomar College in 1999, completed her Bachelors of Arts degree in Kinesiology-Fitness, Nutrition, and Health from San Diego State University in 2001, and completed her Masters of Arts degree in Kinesiology with specialization in Biomechanics from SDSU in 2005. Her former sports life includes four years of swimming and water polo at Vista High, two years of swimming and water polo at Palomar, and two years on the SDSU division one water polo team.

At Vista, Kelly earned several awards including team MVP, captain, and all-CIF honors. At Palomar she received All-American honors in water polo both years she competed. She was also awarded Athlete of the week for Pacific Coast Conference and received Scholar Athlete of the year for Palomar College Women's athletics. She earned a full ride scholarship to SDSU for her final two years of water polo. At

SDSU Kelly was a Scholar athlete and team captain. In her final year of play, Kelly was awarded for her academics being honored with the SDSU Jim Malik award for the highest GPA among all SDSU athletes. Immediately upon graduating from SDSU Kelly began her coaching career as an assistant water polo coach for Southwestern Community College. Today, Kelly continues to play with a San Diego Masters team and competes regularly, most recently selected as an All-American for the 2004 Masters Nationals tournament. This outstanding Comet Scholar returned home in 2004 to be the head water polo coach at Palomar. In her first season coaching the Comets, she helped guide the team to earn the title of Conference Champions and was named Pacific Coast Conference Coach of the Year! Welcome home Kelly!



# Southwestern College Men

No.	Name	High School
1	Isreal Sandoval	Montgomery
1a	Miguel Prieto	Morse
2	Mark Esquivel	Eastlake
3	Matthew Chism	Hilltop
4	Srihari Peesapati	Hilltop
5	Jonathan Jeffery	Eastlake
6	Anthony Gackstetter	Eastlake
7	Gerardo Arellano	CADI Colegio
8	Isreal Sandoval	Montgomery
9	Albert Villalobos	Hilltop
11	Eian Maurice	Mar Vista
12	Daniel Inunza	Otay Ranch
13	Ivan Godoy	Southwest



## *Matt Ustaszewski* Southwestern College Men's Head Coach

Coach Ustaszewski is entering his third year as the Men's Head Water Polo Coach, after serving three years as an Assistant Coach with Jefe Harper. Ustaszewski brings a wealth of knowledge to the Southwestern College water polo program. In his first two seasons at Southwestern College, Ustaszewski led the Jaguars to two consecutive third place finishes in the Pacific Coast Conference. After starting out slowly in his rookie campaign, Ustaszewski has since guided the Jaguars to a 17-14 record. In 2007, Coach Ustaszewski was named Pacific Coast Conference Coach of the Year.



Coach Ustaszewski attended the University of California at San Diego where he played water polo for coach Denny Harper during the 2001 and 2003 seasons. Ustaszewski was elected team captain for his senior season in 2003 and finished third on the team in scoring. He helped lead the Tritons, a Division II non scholarship program competing against Division I scholarship programs, to the WWPA Championship game and a national ranking as high as fifth. Ustaszewski graduated from UCSD in

2004 with a degree in History and Political Science.

Coach Ustaszewski has over 13 years of water polo experience and a distinct understanding of the transfer process. Before attending UCSD, Ustaszewski attended Sierra Community College where he was named First Team All-American for both Water Polo and Swimming. During his first season at Sierra, Ustaszewski led the state in scoring with 121 goals while leading the Wolverines to the Bay Valley Conference Championship. During his second season, he finished second in the state in scoring with 112 goals and led the Wolverines to their first ever state tournament berth. Ustaszewski set multiple school records for Sierra in both water polo and swimming.

Coach Ustaszewski attended Rocklin High School just outside of Sacramento, California. At Rocklin, he participated in water polo, basketball and swimming. Ustaszewski was named Rocklin High School's Male Athlete of the Year and was also named High School All American for water polo in 1999.

Coach Ustaszewski is anxious to get started with the athletes. He has indicated he will emphasize academics, commitment, fundamentals and work ethic to his teams.

# Grossmont College Men



No.	Name	Hometown
1	Austin Harder	La Mesa
1	Austin Togood	Chula Vista
1	Mitchell Seeley	Chula Vista
2	Tucker Warford	Lakeside
3	Cody Dodd	Santee
4	Keary Schlactus	Beaverton, OR
5	Kevin Schimpf	Santee
6	Remington McKittrick	El Cajon
7	Israel Perez	La Paz, Mexico
8	Hans Van Dijk	Veenendaal, the Netherlands
9	David Mershon	San Diego
10	Jordan Van Norman	La Mesa
11	Kaz Campa	Jamul
12	Ken Toma	Laie, HI
13	Rudy Selman	San Diego
14	Jaon Turton	Santa Maria
15	Curtis McCabe	Santee
16	Brad Garcia	Lakeside
17	Sean Little	Alpine
18	Joey Kienle	San Diego
19	Brian Walker	San Diego
21	Ricky Dyne	Calbassass

## *Brian Harvey* Grossmont College Men's Head Coach



- Cerritos College 1972-1973
- CSUF 1974 (4th NCAA)
- CSULB 1975 (5th NCAA)
- Starting Coaching 1977
- Grossmont since 1989
- Produced 35 All-Americans
- Orange Empire Conference Champions (8 times)
- Pacific Coast Conference Champions (7 times)
- Overall Record = 468-178 - .724
- Conference Record = 141-13 - .916
- Conference Coach of the Year - 1990, '91, '94, '95, '96, 2001, '02, '03, '04, '05, '06
- State Coach of the Year - 1990

# Mesa College Men



No.	Name	High School
1	Nicolas Lockhart	Mira Mesa
2	Robert Okinczyc	Point Loma
3	Brian Iufer	Mira Mesa
4	Stephen Neville	La Canada
5	Chad Salley	Bellevue (Seattle)
6	Luis Azurdia Barrera	San Diego
7	Joshua Denz	Green Bay East
8	Matthew Siordia	Clairemont
9	John Barnes	Oakville (St. Louis)
10	Obed Davila	Mission Bay
11	Yegor Borisenko	Torrey Pines
12	Eric Long	Poway
13	Michael Sensenbaugh	Mira Mesa
14	Michael Aposporos	Junipero Serra
15	Nicholas Van Nordheim	Poway
16	Patrick Sellers	El Capitan
17	Andrew Shaffer	La Jolla
18	David Okinczyc	Point Loma
19	Gregory Hoffman	Clairemont
20	Vaughn Rios	Helix
21	Jerid Hinze	Clairemont
22	Joshua Ross	Mira Mesa
23	Michael Flood	Bakersfield
24	Andrew Robinson	La Jolla

## *Nathan Resch* Mesa College Men's Head Coach

Professor Resch received his A.A. degree in Internet Technology/Software Development from Foothill College in Los Altos, California; a B.A. degree in Anthropology from the University of California, Santa Barbara, and a M. A. in Physical Education from Ball State University in Muncie, Indiana.

During the 2006-2007 academic year, Mr. Resch was an adjunct instructor at Santa Barbara City College. He established the water polo program for the college and developed and implemented new curricula for the beginning, intermediate, and advanced water polo classes. He also taught various fitness courses and developed a physical education website. From 2001-2006, he was the Head Men's Water Polo Coach at Foothill College. He created and implemented conditioning programs and provided technical analysis for instruction, as well as academic and athletic guidance for approximately twenty student-athletes. He was also directly responsible for recruiting, game and practice scheduling according to the rules of the Commission on Athletics.

Since January, Nathan Resch has also worked at the Santa Barbara Water Polo Club. He has been the head coach for the water polo, swimming and conditioning programs for high school age students. In 2005-2006, he held a similar position at the Stanford Water Polo Club. He provided skill, technical analysis, and team tactics instruction to more than 100 athletes ranging from 10-18 years of age. He also provided guidance to high school students on NCAA rules related to recruiting, signing, and registering with the NCAA clearinghouse.

Mr. Resch has other administrative experience as well. From 2001-2006, he was a Space Coordinator for Stanford Student Housing. He was responsible for developing, enforcing correct procedures, and record keeping for approximately four million square feet of student housing. He used specialized software and provided web, database, and other support for the program.



# Palomar College Men

No.	Name	High School
1	Jorgen Tonne	Vista
1A	Phil Yendes	Rancho Buena Vista
3	Micheal Jordan	Temecula Valley
4	Sean Moser	Elsinore
5	Ryan Bass	San Pasqual
7	Sean Sandy	San Passqual
8	Daniel Knollin	Vista
11	Billy Hitchcock	West Valley
12	Bo Sidhu	Indio
13	Ryan Deluna	Oceanside
18	Bryant Garretson	Poway



## *Brian Boynton* Palomar College Men's Head Coach

Brian "B.B." Boynton, a former All-Orange Empire Conference first-team selection at Palomar and an NCAA Division II All-American at Salem International University (West Virginia), was named head coach at his alma mater in 2005 and has guided the Comets to the Pacific Coast Conference regular-season championship in his second season in 2006. He'll try to coach Palomar to its second conference title in three years this Fall.

After prepping at Vista High School, where he earned all-league first-team honors, Boynton enrolled at Palomar, where he captained the 1996 water polo team, was named "Comet of the Year" and made the All-Orange Empire Conference first team.

Boynton also earned community college All-American recognition in swimming as a member of Palomar's 2000 freestyle relay team.

He received his B.S. degree in business management from Salem International University.

After college, B.B. spent five months in Perth, Australia, playing for the Perth Torpedoes in the Australian Men's National League. Boynton was captain of the Torpedoes.

